



HODDES DON
SWIMMING CLUB

9th HODDES DON OPEN MEET

16th September 2017, Harlow Leisurezone, Harlow

Dear Swimmers and Parents,

Thank you for choosing to come to Hoddesdon Novice Open Meet. This meet will be extremely busy so we are putting systems in place for smooth running for parents, swimmers and coaches.

If for any reason you are unable to swim please could you let your coach know as soon as possible but also email me at hoddesdonscgals@gmail.com. Due to the large number of swimmers we will not be running additional time trials on the day. If you have been rejected from any swims then you will automatically be on a waiting list and your coach will be contacted as soon as a space becomes available.

Timings are as follows:

Swimmers can access poolside from 12.15pm at the earliest.		
	Session 1	Session 2 (at the earliest)
Warm up	12.30-1.20pm	5.15-6.05pm
Start time	1.30pm	6.15pm

Travel to the meet:

Access to Harlow Leisurezone, CM20 3DT is either via the M11 (Stanstead/London) or via the A414 from Hertford/Hoddesdon. Harlow town centre can be very busy on Saturdays so it is advisable to add an additional 30 minutes to your time particularly if coming via the A10/A414.

There is plenty of parking on site. You will be issued with a token as you come in which will need to be validated at reception before you leave. Parking is £2.70 for up to 4 hrs, or £3.50 for all day. There is a café but this can be busy so please ensure swimmers have sufficient food and drinks to get them through the meet. We will also have Bishops Stortford Supplies selling swimming items.

At the meet:

Please be aware of rules whilst attending Harlow Leisurezone

- No outdoor shoes or jeans to be worn poolside.
- If swimmers wish to access areas other than poolside they must be dry, wear a polo shirt/ t-bag & suitable footwear.
- Please be aware that no large swim bags will be permitted poolside. Each swimmer may take 1 small bag poolside. These restrictions must be adhered to due to Health & Safety regulations. We suggest that all swimmers use the lockers £1 returned.
- Swimmers will have access to the changing rooms from 12.00pm. Parents will not be allowed past the changing room entrance. Also swimmers are prohibited from taking any photographs within the changing room area.

We are looking forward to welcoming you and your swimmer on the 16th. If you have any problems or questions on the day please look for a helper in a red t-shirt.

Many thanks

Anna

Anna Baker

Open Meet Manager

hoddesdonscgals@gmail.com